

The Professional Women's Network presents

“From Burned Out to Shining Bright”

Date:

Thurs., July 22, 2021

Location:

The Pacific Club

Parking is FREE!

Registration:

11:30 a.m. — noon

Luncheon and Program:

Noon — 1:30 p.m.

**MUST RSVP by
midnight, Friday,**

July 16:

Members: \$40

All guests: \$45

Menu:

Regular Meal: (2 Options)

NY Striploin w/ Roasted
Fingerling Potatoes &
Asparagus.

Chicken Breast w/ Caponata
Sauce, Mashed Potatoes,
Asparagus

Vegan or Vegetarian Meal:

Chef's Special Entrée
Specify Meal Choice when
You RSVP

RSVP to:

CarolPWN@gmail.com

For cc payment go to:

PWNHawaii.org or at

Paypal.com send to email:

epayment@pwnhawaii.org.

Zelle: CarolPWN@gmail.com

With Diana Gremillion

The Professional Women's Network luncheon on July 22, 2021 will feature international speaker, author, coach, and healer **Diana Gremillion** (pronounced GREH-mee-yawn). Attend the luncheon as she shares **three lessons to overcome stressful crisis**.

As the pandemic recedes, burnout is causing people around the globe to leave their jobs at record rates. Expecting life to just 'return to normal' fails to acknowledge the challenges and difficulties of grappling with 15 months of stress. If you are experiencing stress-related health issues or feeling depleted, you are not alone.

The good news is, there is a way to emerge from this crisis even stronger than before. Diana will share practical strategies on how to avoid the most common mistake that people make in burnout, how to maintain control of your energy (even in times of crisis), and how to position yourself to bounce back even stronger.

Diana Gremillion has advised billion-dollar deals for Fortune 500 companies, and cooked Michelin-starred meals for President Obama. But when burnout forced her to give up her career as a chef, Diana transformed her crisis into a new life adventure.

Today, she is living her dream life in Honolulu. Diana has been featured on the "Inspire You & Me" TV show and shared the stage with Hugh Hilton, Mary Morrissey, Jillian Michaels, and Dr. Phil. Diana loves helping business owners transform their results by working smarter not harder, with the Law of Attraction and energy psychology.

Come to the Professional Women's Network luncheon on July 22. Meet Diana Gremillion. Find out how to return from burnout. Bring a guest and your business cards!

Reservations:

carolPWN@gmail.com

Or

Register and prepay at PWNHawaii.org - specify your meal

*****Members only: Bring a guest and
enter to WIN a FREE Lunch!*****

Promote your business!

Ask about our special booths, door prize and sponsorship opportunities!

