

LUNCHEON DETAILS

DATE: May 23, 2024

Location:

Wolfgang's Steakhouse Waikiki
2301 Kalakaua Ave.
Honolulu, HI 96815

Luncheon Fee:

Members: \$47
Non-members: \$50

Check-in & Networking:

11:30 am – Noon

Program & Lunch:

Noon – 1:30 pm

Menu Choices:

New York Sirloin Steak Sandwich
NY Sirloin Steak – onion bread –
Iceberg lettuce – tomato – onion –
pickles – side of French fries and
onion rings (egg & gluten)

Salad Nicoise

Ahi Tuna (Seared) - Mixed Green
Salad – House Dressing – Tomato –
Onion – Asparagus – Green Beans –
German Potatoes – Boiled Egg –
Anchovy Fish – Egg – Gluten

**Vegan & Vegetarian w/ Regular
Options:**

Beverly Hills Chopped Salad Ro-
maine – Spinach – Sweet Peas –
Carrots – Corn – Cucumber – Red &
Green Pepper – Red Cabbage –
Hearts of Palm – Feta Cheese – Av-
ocado – House dressing

Options:

Remove Dairy – feta

Professional
Women's
Network



**Presents Guest Speaker,
Lenore Matthew**

Mental Health Counselor & Researcher

Topic: Leaning into the Intuitive Self & Trusting Your Truth

On **Thursday, May 23rd**, Dr. Matthew shares how we can connect to our intuitive self and soul purpose at any point in life – especially the hard ones. As a specialist in grief, trauma, and intuitive development, Dr. Lenore shares her journey of awakening to her intuitive self and soul by opening up to signs and communications from her late husband as well as her higher self, she found her way to deep light and joy, as well as carved a unique path in the mental health world that blends science and spirit. In this talk, she outlines ways we can lean into our soul and intuition to help guide us out of life's most difficult moments, and into purpose and light.

The talk includes an interactive discussion as well as a short exercise to tap into your intuition and soul. Underlain by a non-dogmatic view of spirituality and intuition, all spiritual views are welcome!

Come to the meeting on May 23rd from 11:30 to 1:30 pm and bring a guest!

Reservations are required. No shows are billed.

How to RSVP

Email us at AlohaPWN@gmail.com and include your name, meal choice, and the names of your guests (if any) and their meal choices.

How to Pay

Using our email address, AlohaPWN@gmail.com

Zelle (bank to bank, and NO FEES) – **preferred method**

PayPal (Service Fee will be added)

Credit Card via Square – contact us to help process.

OR you can register and prepay online at www.PWNHawaii.org

(Credit cards via PayPal or Zelle options)

Please Pre-Pay for smoother check-in! (Must have an RSVP)

RSVP by 10:00 am on Wednesday, May 15, 2024

**Men who support Professional Women are welcome to attend and
join PWN!**

*Disclaimer – PWN is a non-partisan organization